



## Insertion/Deletion Polymorphisms and Serum Angiotensin-converting Enzyme Levels in Iranian Patients with Sarcoidosis

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### Abstract

**Background:** Sarcoidosis is a multisystem inflammatory disease of unknown origin with characterization of small granulomas. Angiotensin-converting enzyme (ACE) is a pathophysiologic marker of sarcoidosis. We present the ACE insertion/deletion (I/D) polymorphism in correlation with serum ACE level in Iranian patients with sarcoidosis.

**Methods:** From Jan 2014 to Jan 2015, 102 Iranian patients who histopathologically diagnosed for sarcoidosis and 192 healthy age and sex-matched controls were recruited. PCR was used for detection of I/D polymorphism in ACE gene.

**Results:** Frequency of II/ID/DD genotype in sarcoidosis disease was 17%, 35.5%, and 47.1%, respectively. The frequency of D allele was 0.65. A significant association between I/D genotypes and mean of sACE level was seen (DD=85.2±22.9,  $P<0.001$ ). More frequent genotype in sarcoidosis patients was DD (47%), ID genotype (45.9%) was found more in controls. Logistic regression analysis adjusting age and sex showed that ID to II (OR=0.35, 95%CI=0.17-0.73,  $P=0.005$ ) and DD to II (OR=2.11, 95%CI=0.98-4.54,  $P=0.05$ ) could be considered as a predictor factor for the disease activity. No significant model for men in sarcoidosis group was seen, while women with II/ID were associated with a reduced risk for the disease.

**Conclusion:** Although more regional studies with appropriate statistical scale must be done to provide a better diagnosis and prognostic tool for this disease, this study demonstrates that ID and DD genotype could be predictive factors for sarcoidosis.

**Keywords:** Sarcoidosis, ACE gene polymorphism, Angiotensin converting enzyme

### Introduction

Sarcoidosis is a multisystem inflammatory disease of unknown etiology, pathologically characterized by non-caseating epithelioid granuloma (1-3). A definitive diagnosis of sarcoidosis is still challenging and no gold criteria for diagnosis have been established. A set of non-specific clinical features

and laboratory findings including hypercalcemia, hypergammaglobulinemia and high levels of angiotensin-converting enzyme (ACE), along with pathologic findings such as non-caseating granuloma are all considered to exclude other granulomatous diseases (4). Genetic predisposition

and exposure to the environmental factors may cause the disease and begin granulomatous reactions (5). ACCESS study (A case controlled ethological study in sarcoidosis) has demonstrated five exposures to sarcoidosis include farming, jobs raising birds, moulds and woodworking (6). In addition, exposure to *Mycobacterium tuberculosis* may trigger sarcoidosis (7, 8). However, these risk factors can vary in different races and geographical regions due to the genetic predisposition and exposure factors such as *M. tuberculosis* and mould. For instance, HLA-DQB1 \*06 has been associated with radiographic progression in an African-American cohort with advanced pulmonary disease (9) and uveitis in Dutch cohort (10, 11). However, HLA-DRB1 \*07, \*14 and \*15 were closely related to progressive pulmonary disease in a Scandinavian cohort (12). Meta-analysis studies promote a better understanding of the disease activity and its predictive risk factors.

The serum ACE (sACE), known as a biochemical marker of sarcoidosis, as high level of sACE appears to be associated with the active form of the disease (13). Relationship between sACE level and ACE genotype indicates that D/D genotype is related to the highest level and I/I with the lowest level of sACE (14-18). In African-American cohort study in 1998, the DD genotype was associated with increased risk of sarcoidosis, but was not confirmed by the next following studies in the same population (19). Subsequently, there was no link between ACE gene polymorphism and risk of sarcoidosis in German, Dutch, Italian, British, Finish and Czech populations (15, 18, 20, 21).

The aim of this study was to determine the distribution of ACE I/D genotype among Iranian patients with sarcoidosis in comparison to healthy subjects and to investigate the relationship between serum ACE levels and the ACE I/D genotype in these patients.

## Materials and Methods

### Samples

This descriptive cross-sectional study included 102 patients with sarcoidosis, from an ongoing

sarcoidosis patient registry, who registered or referred to Masih Daneshvari Hospital, a third-level hospital in Tehran, Iran. Sarcoidosis was diagnosed based on clinical and radiological evidences, along with histological and serological findings, and roll out other granulomatous diseases such as tuberculosis.

These patients were enrolled from Jan 2014 to Jan 2015. A control group of 192 non-dependent, age and sex matched individuals was recruited. In sarcoidosis patients and controls, those who suffered from diseases that increase or decrease sACE levels were excluded (22). The peripheral blood was collected from the rest of patients and control subjects.

The serum ACE level at the first visit (before taking any medication) was measured. This assay was done by colorimetric method by Audit Diagnostic Company (Ireland).

All participated patients signed a consent form prior to sampling. This study was approved by the Bioethics Committee protocol of Masih Daneshvari Hospital, Tehran, Iran.

### DNA extraction and PCR amplification

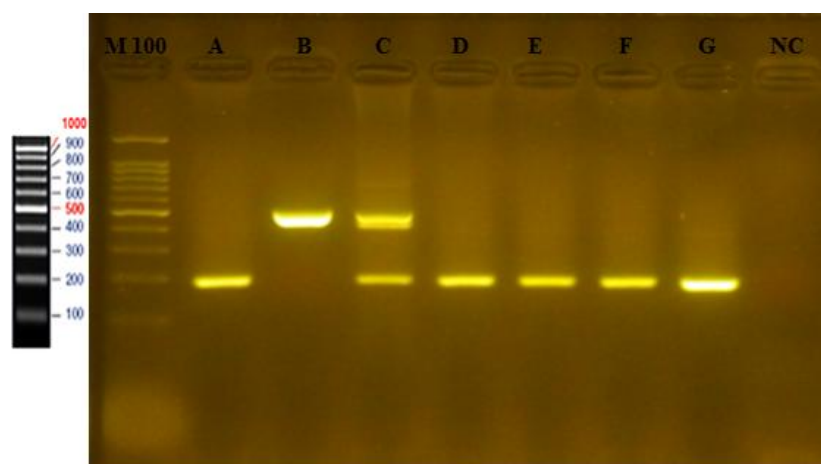
PCR was used to identify I and D alleles, a segment from the Intron 16 on ACE gene that the size fractionation was detected by electrophoresis. Genomic DNA was extracted from peripheral blood mononuclear cells (PBMCs) using QiaGen DNA extraction kit (The QIAamp DNA blood Mini Kit, Germany) according to the manufacture structure. In each PCR experiment, micro-tubes were contained of 25 µl PCR reaction consisted of 20 pmol/µl of each forward and reverse primer: F 5' CTGGAGACCACTCCCATCCTTTCT 3' and R 5' GATGTGGCCATCAC-ATTCGTCAGAT3', 10 µl of 2x Master-Mix Red, 10 µl of extracted DNA, and 3 µl distilled water. PCR condition was as the follows: an initial denaturation step for 2 min at 94 °C, followed by 35 cycles of denaturation (30 sec at 94 °C), annealing (30 sec at 65 °C), extension (30 sec at 72 °C), and the final extension step (72 °C for 5 min) (ABI thermal-cycler 5020) (23, 24). Only 10 µl of the amplified PCR products were loaded on a 2% agarose gel. The DNA bands

corresponding to 190bp as deletion and 490 bp as insertion were visualized by a Gel Doc Viber Transilluminator (Fig. 1A and 1B).

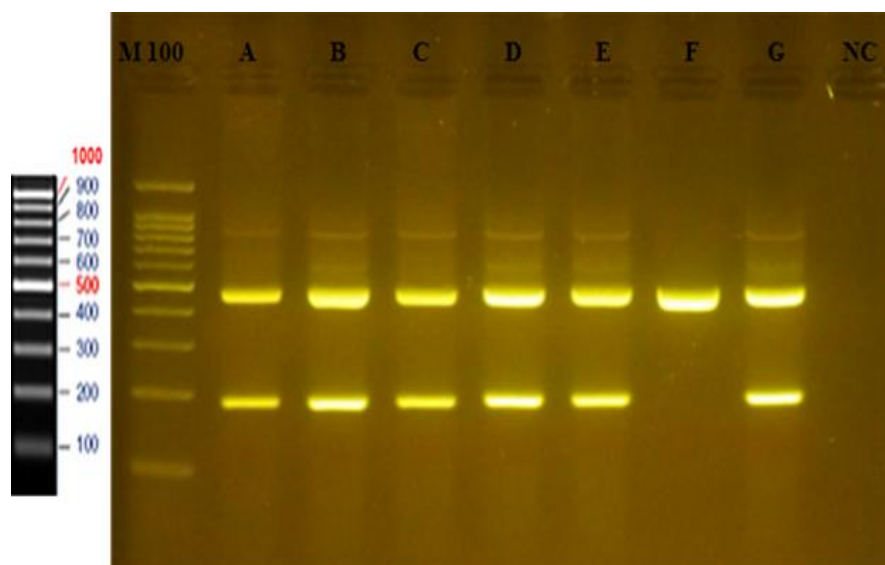
### Statistical analysis

Characterization of the study population as released as Mean $\pm$ SD with 95% CI and absolute

frequencies for categorical variables were reported. Statistical analysis using SPSS software version 16.0 (SPSS Inc., Chicago, IL, USA) and ANOVA test were conducted to compare the genotypes sACE after normalization by homogeneity of variance test.



(Fig. 1 A): Determination of genotypes ID, II, and DD in sarcoidosis patients on 2% agarose gel: From left to right, gels contain marker followed by seven patients with sarcoidosis. The single lower band in patients A, D, E, F, and G corresponding to 190 bp indicates the DD type. The genotype II in patient B is also found as a single upper band corresponding to 490 bp. The ID type as a double band, 490 and 190 bps is determined in C. NC= Negative control



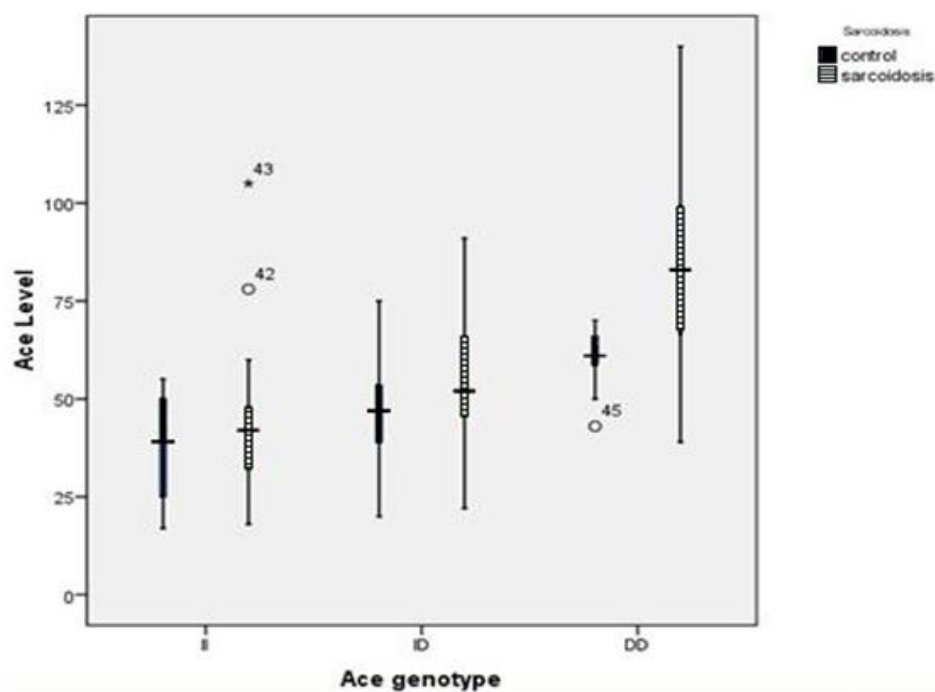
(Fig. 1B): The genotypes II and ID in control subjects on 2% agarose gel: Marker in lane M. The remaining lanes occupied by seven control subjects. Only F represents the II type at 490bp. The remaining lanes contain double bands as the ID type. NC= negative Control

The differences between the mean sACE levels in different genotypes based on the normal distribution were analyzed using Student's *t*-test. Genotypic and allele distributions in different groups were compared using the Chi-square test. The Wald test was used to determine statistical significance for each of those independent variables. The Hosmer-Lemeshow test was used to determine the goodness of fit of the logistic regression model. In all cases, standard error less than 2 for the model was obtained. Allele frequencies were calculated using the Hardy-Weinberg's equilibrium. Genotype frequency distribution of study group was in close agreement with Hardy-Weinberg's equilibrium (*P* value 0.02 by chi-square test).

## Results

A 190bp fragment with the deletion (allele D) and a 490bp fragment with the insertion (allele I) for genotypes II, ID and DD were analyzed in 102 patients and 192 controls (Fig. 1A and 1B).

Serum ACE activity in patients and controls with genotypes separation is described in Table 1. The association between sACE activity in three genotypes of sarcoidosis patients and the control subjects was significant. DD and ID genotypes in controls and the patients with a maximum of mean value were observed. The significant difference between the mean of sACE activity in sarcoidosis patients versus control groups ( $P < 0.0001$ ), and ID genotype ( $P = 0.002$ ) and DD genotype ( $P < 0.0001$ ) was observed by *t*-test. Fig. 2 show the relationship between the ACE and three genotypes in a clustered Box plot diagram. Genotypes and allele frequencies in sarcoidosis and control are shown in Table 2. In total, the genotype frequencies of II, ID and DD in the patients with sarcoidosis was 17%, 35.5% and 47.1%, respectively, and the frequency of D allele was 0.65. The frequency of both DD and ID genotypes in sarcoidosis and control among female and male generally showed no significant difference ( $P = 0.05$ ) by chi-square test.



**Fig. 2:** Clustered Boxplot diagram of the relationship between the ACE level and II-ID-DD genotypes. Outliner numbers 42 and 43 in sarcoidosis patients with II genotype and 45 in DD genotype of the controls were seen

**Table 1:** Association of the ACE I/D polymorphism with sACE level in patients and controls

Variables	Total No (mean±SD)	Genotype			P value
		II	ANOVAID	DD	
		n (%) (mean±SD)	n (%) (mean±SD)	n (%) (mean±SD)	
Sarcoidosis	102 (67.7±26.8)	18 (17.6) (44.4±21)	36 (35.2) (55.9±17.8)	48(47) (85.2±22.9)	<0.001
Control	192 (47.5±12.6)	25 (13) (37.4±13.5)	135(70.3)(45.9±10.5)	32(16.6)(61.6±7.6)	<0.001
95%CI	14.6-25.7 <0.0001	-4.5-18.5 0.22	3.73-16.26 0.002	16.4-30.7 <0.0001	

**Table 2:** ACE genotype and allele frequencies in sarcoidosis patients compared with healthy controls

Variables	Women			Men			Total		
	Case	Ctrl	P value†	Case	Ctrl	P value	Case	Ctrl	P-value
Genotype									
II	12(21.1)	17(13.2)	0.17	6(13.3)	8(12.7)	0.9	18(17.6)	25(13)	0.2
ID	19(33.3)	90(69.8)	<0.001	17(37.8)	45(71.4)	<0.001	36(35.3)	135(70.3)	<0.001
DD	26(45.6)	22(17.1)	<0.001	22(48.9)	10(15.9)	<0.001	48(47.1)	32(16.7)	<0.001
IDorDD	45(78.9)	112(86.8)	0.17	39(86.6)	55(87.3)	0.9	84(82.3)	167(86.9)	0.2
P value‡	0.2520			0.9228			0.3707		
Allele									
I	0.37	0.48		0.32	0.48		0.35	0.48	
D	0.63	0.52		0.68	0.52		0.65	0.52	
P value	0.11			0.02			0.06		
Total	57	129		45	63		102	192	

†P value of Genotype between case and control groups, ‡ P-value of Genotype between II and (ID or DD) genotypes

Logistic regression analysis, adjusting age and gender (Table 3) showed that the ID genotype to genotype II (OR = 0.35, 95% CI = 0.17-0.73,  $P=0.005$ ) and the DD genotype to genotype II (OR = 2.11, 95% CI = 0.98-4.54,  $P<0.05$ ) for sarcoidosis disease could be considering as a predictor factor. Male gender does not reach statistical significance, and for the female gender-genotype II / ID has been associated with a reduced risk of disease. (OR = 0.28, 95% CI = 0.11-0.7-  $P=0.007$ ).

## Discussion

Several studies have analyzed the relationship between ACE gene I/D polymorphism and sarcoidosis disease. The various regional and ethical studies have shown a significant correlation between ACE genotypes and serum ACE level (15, 17, 25). The present study with the statistical

analysis of the relationship between angiotensin-converting enzyme (ACE) genotype and sACE level shows a significant association between ACE gene polymorphism and sACE activity in both patients with sarcoidosis and control subjects. In a Japanese study, sACE in comparison to controls showed a significant difference (DD = 29, 14%, ID = 101, 48.8%, II = 77, 37.2%) (18). The maximum sACE level was found in DD group among both sarcoidosis patients and controls.

Genotype distribution was the same in both patients and controls group. In the American cohort, Detroit Michigan, the ACE genotype frequency was according ID> DD> II order in African-American population patients with sarcoidosis.

In Caucasian population, the ID genotype was most detected in the patients and controls (26).

**Table 3:** Binominal logistic regression covariate analysis of sarcoidosis

Covariate	Women				Men				Total			
	Wald	OR	95%CI	P-value	Wald	OR	95%CI	P-value	Wald	OR	95%CI	P-value
Genotype												
ID/II	7.36	0.28	0.117-0.7	0.007	1.3	0.49	0.14-1.65	0.25	7.88	0.358	0.17-0.73	0.005
DD/II	1.16	1.69	0.65-4.4	1.28	2.57	2.89	0.78-10.61	0.1	3.66	2.11	0.98-4.54	0.05
Age	1.78	1.02	0.99-1.05	0.18	0.08	0.99	0.95-1.03	0.77	0.78	1.01	0.98-1.03	0.37
Sex			N/A				N/A		3.28	1.64	0.96-2.8	0.07

Another study from the UK and Czech population, the genotype frequencies of ID, DD and II was 47%, 28% and 25%, respectively in UK population. In Czech population, the genotype frequency order was ID>II>DD in the patients with sarcoidosis (20).

In Turkey cohort, as the same as our study, the predominant genotype was DD (45.7%), I/D genotype (42.8%), and I/I genotype was only seen in 11.4% of the patients. The frequency of D allele is 0.65 (*P*-value=0.06) that is much more comparable with the present study. Thus, the results of current study are very close to Turkey report due to genetic affinity in this region, but the genotype frequency varies because of different populations. On the other hand, in Turkey study, the frequency of I/D genotype (53.6%) is higher in control subjects (27). Therefore, in other studies (16) genotype distribution in patients and controls did not differ, whereas this frequency varies in our study and other studies such as the American cohort in African-American population.

A study analyzed the families with more than one case of sarcoidosis. The over-representation of D/D genotype in sarcoidosis patients and their families can be seen in comparison to controls (28). On the other hand, attempts to show polymorphism and severity of chronic disease have been done (20). Meanwhile, due to the nature of this disease, racial and regional differences in the polymorphism frequency, an association between sACE activity and sarcoidosis exists.

Therefore, to better understanding of the disease activity, its diagnosis and treatment, studies with the appropriate statistical scale from each region

should be separately performed. In the current study, we tried to address ACE gene polymorphism, serum ACE levels and its relationship to sarcoidosis with appropriate sample size. The difference in sACE levels in patients with sarcoidosis and controls was significant that is in accordance with previous findings in this field. This level also in DD and ID genotypes showed significant differences between patients and controls. The level of sACE was higher in the DD genotype of both patient and control groups (Table 1). In a systematic review (29) that is accordance with the present findings, the frequency of ID and DD genotypes in all cases and separately in males and females shows a significant difference (Table 2). In this study, weighted mean DD/II ratio was 1.85 for all studies, 2.01 for Caucasians and 1.64 for Asians (29). Besides, this general finding is theoretically justified. The variation in the results of photometric measurements is always seen. Polymorphism analysis can be considered in cases that sACE will be higher than 97.5 percentile for DD or II genotypes (29). Moreover, in the present study, the cases with the high level for sACE in II genotype patients are seen (Table 1). The results can be helpful to obtain the sensitivity, specificity and cut-off value for sACE and this outcome should be assessed, according to the region and race.

At the end, we used binomial logistic regression analysis to show the role of genotype in the development of sarcoidosis. The model has been done to adjust for age and sex. In total, prevalence of DD to II genotype is 2.1-fold (*P*=0.05) and this is less than the amount of the ID genotype to II genotype (OR=0.358). This model was

not significant in men. However, in women with the ID genotype versus II, the risk of disease has decreased 0.3-fold.

However, this study has some limitations such as no clinical relationship with the sACE level and ACE genotype exists. This can be helpful in the interpretation of the relationship between the disease and the sACE level, meaning that how disease severity in different genotypes distributed and this fact that either ACE genotype only effects on study result or severity of disease is important too. We have not analyzed the cut off value of sACE level for this disease.

## Conclusion

Although results of Insertion/Deletion polymorphisms and sACE levels in different geographical areas do not follow the same pattern, these studies improve our knowledge about the I/D polymorphism, sACE levels and sarcoidosis. In the future research, we attempt to determine a cut off value for sACE level and sensitivity and specificity of sACE level, according to I/D genotype. Finally, we will introduce better models for diagnosis and prognosis of sarcoidosis by examining other aspects of genetics and cytokines.

## Ethical considerations

Ethical issues (Including plagiarism, informed consent, misconduct, data fabrication and/or falsification, double publication and/or submission, redundancy, etc.) have been completely observed by the authors.

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