



## **Advances in Interdisciplinary Endocrinology**

Iranian Journal of Public Health has been continuously published since 1971 and is distributed globally. During the last 41 years, more than 2000 scientific research papers, results of health activities, surveys and services, have been published in this Journal. It is noteworthy that since 2001, the Journal is published only in English language. Although the primary focus of the journal was intended to be exclusively on the subjects related to public health in Iran, as the journal enjoyed a broad readership among decision-makers and political representatives nationally, regionally, and internationally, the aim and scope of it was broadened so that to be of greater benefit to a wider range of audience.

Two different factors can be mentioned as my motivations for publication of this supplement to the Iranian Journal of Public Health. Firstly, my clinical experience as an endocrinologist gave me the notion that there is a need for filling interdisciplinary gaps in endocrinology. Diabetes, for instance, is a disease which different branches of medicine and science including medicine, pharmacology, nutrition, and psychology are involved in its prevention and management. Secondly, my

responsibility as the Director-General of the most renowned medical research institute of Iran, the Endocrinology and Metabolism Research Institute, during the past two decades, which considering its short duration of activity, has gained groundbreaking achievements in different endocrinology-related fields, gave me the impression that there is a need for an interdisciplinary approach to research in endocrinology.

This supplemental issue of the Iranian Journal of Public Health, *Advances in Interdisciplinary Endocrinology*, is consisted of 13 articles each of them dealing with a particular aspect of Endocrinology related sciences. The choice of topics has been made deliberately diverse so that to cover as many different branches as possible. Authors are all amongst the most universally eminent Iranian scientists and clinicians who have published several journal articles in the most high-ranking scientific journals. We did not confine our topics to any clinical, scientific, or behavioral discipline and we endeavored to be as inclusive as we could.

It is our hope that these review articles will be of interest and benefit to a broad range of international audience.

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