

Iran J Public Health, Vol. 44, No.9, Sep 2015, p.1308

Letter to the Editor

Resilience and Handicap in Deaf

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(Received 21 Mar 2015; accepted 19 Apr 2015)

Dear Editor-in-Chief

In positive psychology literature, resilience is among indexes that help one to adjust with negative situation and have better function (1, 2). Resilience is shaped in family context and could be fostered (3-7). Better parenting styles have constructive effects on resilience skill (1, 5).

This index has been studied in various populations whom have experienced hard psychological situation (8). Deafness has been a hard condition and deaf cases due to their hearing impairment may encounter social and communicational limitations in hearing world (9, 10). These limitations and disability may cause communication handicap. Nurturing resilience skills could help deaf person adjust and have better function in education, communication and social life and also prevent or decrease experiencing negatives feelings that is caused by hearing impairment and may develop handicap (11). So fostering resilience in deaf cases may prevent probably induced communicative handicap and increase one's quality of life.

Acknowledgements

The authors declare that there is no conflict of interests.

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