Optimization of Sample Preparation Procedure for Evaluation of Occupational and Environmental Exposure to Nickel

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Abstract

Background: Nickel is an important constituents widely used in different industrial processes for production of various synthetic materials. For evaluation of workers' exposure to trace toxic metal of Ni (II), environmental and biological monitoring are essential processes, in which, preparation of samples is one of the most time-consuming and error-prone aspects prior to analysis.
Methods: To evaluate factors influencing quantitative analysis scheme of nickel, solid phase extraction using mini columns filled with XAD-2 resin was optimized with regard to sample pH, ligand concentration, loading flow rate, elution solvent, sample volume (up to 500 ml), elution volume, amount of resins, and sample matrix interferences. Nickel ion was retained on solid sorbent and was eluted with followed by simple determination of analytes by using flame atomic absorption spectrometery.
Results: Obtained recoveries of metal ion were more than 92%. The amount of the analyte detected after simultaneous pre-concentration was basically in agreement with the added amounts. The optimized procedure was also validated with three different pools of spiked urine samples and showed a good reproducibility over six consecutive days as well as six within-day experiments. The developed method promised to be applicable for evaluation of other metal ions present in different environmental and occupational samples as suitable results were obtained for relative standard deviation (less than 10%).
Conclusion: This optimized method can be considered to be successful in simplifying sample preparation for trace residue analysis of Ni in different matrices for evaluation of both occupational and environmental exposures.

Keywords: *Nickel, Spectrometry, Atomic absorption*

Introduction

Heavy metals can be considered as a unique class of environmental toxicant. They occur and persist in nature and most of them are advantageous to humans because of their vast usages in different industries, agriculture, and medicine. However, they may pose health hazards to the public because of their presence in air, water, food chains as well as to the workers engaged in mining, smelting, alloy, painting, electroplating, pesticides, and the variety of industrial activities. Some heavy metals such as nickel have a wide range of toxicities, leading to toxic effects on the renal, respiratory, and nervous sys-

tems. Nickel aerosols and other contaminants can occasionally caused nasal irritation, damage to the nasal mucosa, perforation of the nasal septum, and loss of smell. ACGIH has determined that there is sufficient evidence for carcinogenicity to humans (A_1 class) for nickel and nickel compounds (1-3).
Because, usages of this heavy metal are unavoidable, from the occupational viewpoints, study of this compound is of great interest. One of the most important aspects of metal studies is determination of such compounds in different matrices. In biological and environmental samples, either exposed compounds or their metabolites, met-

als are mostly present at trace level, causing major problems in their determination stages (4-6). Therefore, an essential need for precise, reliable, and sensitive techniques for the analysis of such trace chemicals has been clearly recognized (6-9).

Although the use of detection system has improved the selectivity of the analytical procedures, these sensitive and selective methods required expensive equipments; moreover, they may not be available in most laboratories. Consequently, sample preparation procedures which can be performed in any laboratory have been developed to simplify analytical approaches as these reduced expenses too (7, 9-11). For this purpose, to extract heavy metals, many sample preparation procedures are being used such as Soxhlet extraction (12), liquid liquid extraction (LLE) (13-15), supercritical fluid extraction (SFE) (16), and solid phase extraction (SPE) (17-20), in which, Soxhlet and LLE are time consuming procedures and also the recoveries obtained from such methods are not reproducible and efficient. Therefore, more sensitive and precise methods are required to measure trace heavy metals in biological and environmental samples. In contrast, solid phase extraction methods using silica has proven useful in simplifying sample preparation prior to analytical technique. This method refers to the adsorption of chemical constituent from a liquid sample (water, urine, etc.) on a solid sorbent and subsequent desorption of retained constituent by elution from the sorbent. Through this procedure, isolation and purification of the compound of interest can be achieved in a short time and only low volumes of solvents are used during the application of the method. The use of commercially available low-cost vacuum manifolds allows many samples to be proceed simultaneously. Furthermore complete automation of procedures based on SPE is now possible using commercially available instrument-tation (21-26). A wide range of phases based on silica are also available from many suppliers, including reversed phase, normal phase, ion exchange, and mixed mode phases. These phases can be screened and

selected, depending on the chemical nature of the analyte (27). Therefore, the variety of available phases can improve the selectivity of the sample preparation procedures.

This study was aimed to achieve optimum factors necessary for development of an optimized procedure for nickel (II), present in water and urine samples, leading to a simple protocol of SPE method.

Materials and Methods
Chemicals and reagents All solutions were prepared using distilled water. Nickel stock solution was prepared from appropriate amount of the nitrate salt of this analyte (Merck, Darmstadt, Germany) as 1000 mg/l solution in 0.01 M HNO_3. Working and standard solutions were prepared daily by dilution of the stock solution. Acids and other chemicals used in this study were obtained from Merck, Darmstadt, Germany. Standard buffered solution at various pH values, APDC, amberlite XAD-2 resin (20-40 mesh) were also purchased from Merck, Germany.

Apparatus Determination of Nickel was made with spectra AA/plus 20, Varian flame atomic absorption spectrometer (FAAS), and using air-acetylene flame. The operating parameters for metal of interest were set as recommended by the manufacturer. The pH values of the solutions were measured by a digital pH meter model Metrohm 744. Amount of reagents were measured using a Satorius CP225D balance (Sartorius, Germany).

Mini columns preparation Glass mini columns (100 x 10 mm) were packed with 500 mg resin. After packing, a little amount of glass wool was placed at both ends of the glass tube. Before using the column, XAD-2 resin was washed by methanol, water, 1 M HNO_3, water, 1 M NaOH, and water, respectively. Finally, resin was preconditioned with buffer solution.

Pre-concentration procedure In this study, SPE using amberlite XAD-2 resin was optimized with regard to sample pH, sample and eluent flow rates, elution solvent, eluent volume, ligand

concentration, amount of resin, and sample volume. Fifty milliliter solution containing 20 µg of Ni (II), 10 ml buffer solution with desired pH and 6 ml APDC solution was prepared. Samples were then passed through the column packed in our laboratory at a flow rate of 5 ml/min. The column was then washed with 5-10 ml of the same buffer solution. Therefore, the metal ions were eluted from the mini column with 10-15 ml of different solvents. Finally, the Nickel concentration in the solution was determined by FAAS.

Results

Effect of sample pH   The influence of sample pH on adsorption of Ni (II) ion on XAD-2 resin was investigated, using different pH values of 2, 4, 7, and 9. The pH values were adjusted by buffer solution. Fifty milliliter of sample containing 20 µg of Ni (II) and 6 ml APDC solution was loaded on the column. The column was then washed and the retained analyte was eluted using 2M HNO_3. Table 1 shows the influence of sample pH on extraction recovery for Ni (II). Finally, the sample pH of 9 was selected as an optimum value for further experiments.

Effect of APDC concentration   The concentration of Ammonium Pirrolidine Dithio Carbamate (APDC) is one of the important parameter could affect on recovery obtained from the optimized method. Through this investigation, the amount of 0.01- 0.07% (w/v) of APDC were used. The results obtained from this invest-

tigation showed that, by increasing APDC concentration up to 0.05%, the recoveries are also increased, afterward, constant values are recovered.

Effect of eluent type   Evaluation of eluent strength on recovery of Ni (II) was another experiment performed during this study. Five solvents were screened for their ability to produce optimum elution of the retained Ni (II) from the XAD-2 resin. They were 1M HCl, acetone, 1M HNO_3 in acetone, 1M HNO_3, and 2M HNO_3. The same sequence of conditioning, washing, and elution were used as in the previous section. The results have been presented in Table 1. A quantitative recovery (>95%) was obtained for Ni (II) ion, using 2 M HNO_3 as an efficient eluent and, therefore, it was used as a suitable solvent for further studies.

Effect of eluent volume   Eluent volume is an influencing parameter, affecting on the pre-concentration of analytes using SPE. Enrichment of the analyte in SPE is achieved by applying large volume of sample and eluting the analyte in a minimum volume of eluent. The volume of the eluent must be just sufficient to elute the compound of interest from the sorbent. Thus, the recovery of metal ion was studied in applying different eluent volumes of 5, 10, 15, and 20 ml. The results are given in Table 1. Volumes of 15 and 20 ml provided efficient recovery for the analyte of interest. In order to obtain confident concentration factor, the smallest satisfactory volume (15 ml) was chosen for the next experiments.

Table 1: Effect of sample pH, ligand concentration, eluent type, and eluent volume on recovery of Ni (II) from XAD-2 resin (eluent: 2M HNO_3)

Sample pH	M(%)±SD (n=5)	Ligand concentration [w/v (%)]	M(%)±SD (n=5)	Eluent type	M(%)±SD (n=5)	Eluent volume (ml)	M(%)±SD (n=5)
2	12±4.47	0.01	44±8.94	1M HCL	18±4.47	5	16.00±5.47
4	34±5.47	0.03	56±5.47	Acetone	94±5.47	10	50.00±3.53
7	36±5.47	0.05	96±5.47	(HNO_3 in Acetone)	96±5.47	15	96.92±6.83
9	96±5.47	0.07	96±5.47	HNO_3 1M	96±5.47	20	98.00±4.47
				HNO_3 2M	98±4.47		

Effect of eluent flow rate In order to evaluate the influence of eluent the eluent flow rate on recovery of the analytes, retained metal ion was eluted, using eluent at different flow rates of 2, 5, 7, and 10 ml/min. The same sequence of conditioning, washing, and elution were used as in the previous section. As the Table 2 shows, metal of interest was quantitatively recovered in eluent flow rate up to 7 ml/min. Flow rate of 5 ml/min was then selected as an optimum value for the next experiments.

Effect of sample volume In order to evaluate the sample volume, 20 µg of Ni (II) was diluted into different volumes of 50, 150, 250, 500, and 750 ml. These samples loaded on XAD-2 mini columns. The columns were then washed and the retained analyte was eluted according to the optimized method. The results have been shown in Table 2. It can be seen that, up to 500 ml of samples could be applied without significant loss of recovery (94%). Therefore, the highest concentration factor was 33.3 when the final volume was 15 ml.

Effect of sample flow rate Following a demonstration of the feasibility of using large sample volumes, the effect of sample flow rate on metal ion adsorption on XAD-2 was studied in different sample flow rate of 2, 5, 7, and 9 ml/min. Fifty ml sample, using optimum pH, containing 20 µg of metal ion and APDC solution were prepared. Thereafter, the same sequence of conditioning, washing, and elution were used as in the previous section. No significant reduction in recovery was found for sample flow rate up to 7 ml/min. Flow rate of 5 ml/min as an appropriate value was then used to continue further experiments. Table 2 shows the results obtained from this experiment.

Effect of XAD-2 sorbent mass The effect of XAD-2 amount was investigated, using 100 and 500 mg sorbent packed in a mini column. The same sequence of preparation procedure was used as in the previous section. The obtained recovery of metal ion was more efficient when 500 mg was utilized (Table 2).

Effect of matrix The effect of various matrix possible ions, mostly present in the environmental and biological samples, including Na^+, K^+, Mg^{2+}, Ca^{2+}, and SO_4^{2-} was another parameter, influencing the efficiencies of analyte recoveries. The procedure was performed, using 50 ml sample containing 20 µg of analyte and different concentration of matrix ions. The results have been shown in Table 3.

Reproducibility A preliminary validation of the possible use of the optimized method for measuring metal ion of Nickel (II) in urine was carried out, using spiked samples As spiked urine may contain some interference compounds similar to the real sample, it can be considered as an appropriate sample preferably better than water sample, for validation of the optimized method, however, the working samples were made in aquatic solution. Therefore, further experiments were carried out on urine. Samples of 50 ml were used for extraction with subsequent FAAS. Linear standard curves (extracted) over the concentration range of 1, 1.5, and 2 µg/ml were obtained each day (n=6) for six consecutive days with a correlation coefficient of 0.995 or greater. The day-to-day (for six consecutive days) and within-day reproducibility of the method was investigated. Table 4 shows the results obtained from this experiment.

Table 2: Effect of eluent flow rate, sample volume, sample flow rate, and sorbent mass on recovery of Ni (II) from XAD-2 resin (eluent: 2M HNO_3)

Eluent flow rate (ml/min)	M(%)±SD (n=5)	Sample volume (ml)	M(%)±SD (n=5)	Sample flow rate (ml/min)	M(%)±SD (n=5)	Sorbent mass (mg)	M(%)±SD (n=5)
2	96±5.47	50	98±4.47	2	96±5.47	100	44±5.47
5	98±8.36	150	96±5.47	5	98±4.47		
7	90±0.00	250	96±5.47	7	96±5.47	500	98±4.47
10	82±4.47	500	94±5.47	9	88±4.47		
		750	86±5.47				

Table 3: Effect of matrix ions on the adsorption of Ni (II) on XAD-2 resin (eluent: 2 M HNO_3)

Ions (added)	Concentration (g/l)	Recovery (%) Mean±SD, n= 5
Na^+(NaCl)	2.5	100±4.47
	10	98±2.37
	20	94±5.47
K^+(KCl)	0.3	100±5.47
	0.5	101±5.47
	1	94±4.47
Mg^{2+}(MgCl$_2$)	0.3	98±4.47
	0.5	98±5.47
	1	94±4.47
Ca^{2+}(CaCl$_2$)	0.3	100±4.47
	0.5	100±0.00
	1	96±5.47
SO_4^{2-} [(NH$_4$)$_2$SO$_4$]	0.5	98±4.57
	1	100±5.47
	1.5	96±4.47

Table 4: Day-to-day (D-day) and within day (W-day) reproducibility of Ni (II) spiked in urine, sample volume: 50 ml, n=6

Statistical data	Concentration added (µg/ml)					
	1		1.5		2	
	D-day	W-day	D-day	W-day	D-day	W-day
Mean	0.966	0.976	1.46	1.45	1.93	1.94
SD	1.032	1.032	1.63	0.633	1.505	0.983
CV%	1.07	1.07	1.68	0. 65	1.56	1.02

Discussion

The results showed that efficient recovery was obtained from XAD-2 resin using sample pH of 9. However, the pH value of the sample should be adjusted according to the chemistry of the compound of interest. It seems that, at sample pH of 9, the analyte of interest is mostly in the ionized form, making it to be easily retained on the ionized ligand already conjugated to the sorbents. From these pH values, sample pH of 9 was selected for further study as this pH seems to be rather confident value.

In this study, a non polar sorbent was used, in which, there was no affinity between this type of sorbent and the ionized analyte, so, there was a need of conjugating ionized ligand on the sorbents to follow up an ionized extraction mechanism. APDC showed to be an appropriate ligand for capturing nickel (II) from the sample, however, from the four concentration ranges of the ligand, 0.05, and 0.07(%) showed to be good enough for efficient retaining of the analyte. However, for preventing saturation of the sorbent with the ligand and also reduce the reagents through extraction process, the lesser percentage of the ligand (0.05%) was used as this amount provides the same recovery needed for the method. Understanding the chemistry of the compound under analysis such as ionizability and hydrophobicity can be useful in designing appropriate

conditions to obtain efficient extraction recovery. Highly ionic compounds can result in a strongly retained analyte making elution difficult and leading to subsequent poor recovery from ionic conjugated sorbrnt. From the eluents used in this study, as the Table 1 shows, the HNO3 based solutions were more efficient and from these solvents, 2 M HNO3 was selected, because, it was organic free eluent and can prevent coelution of organic compounds possibly present in the real samples as well as reducing exposure to such evaporative and hazardous compounds. Moreover, maximum recovery has been achieved using this eluent.

The results obtained from an evaluation of the elution volume (Table 1) showed that the smallest satisfactory volume for 2 M HNO_3 from XAD-2 sorbent was 15 ml. As a consequence, the volume required to elute the analyte from the sorbent, depends on two important parameters. First, the strength of its retention, a solvent with greater elution strength can be used to elute an analyte in less volume, but may incur-porate undesirable contaminants into the eluted fractions; secondly, the sorbent mass used in SPE, in which, using a larger sorbent mass cartridges requires an increase elution volume to be applied. As it can be seen in Table 1, the lowest satisfactory eluent volume is 15 ml, giving a suitable concentration factor of 33.3. Using this volume, efficient recovery of 96.92% can be achieved. Although the low eluent volume caused to achieve an appropriate concentration factor, however, the faster elution of 15 ml eluent by itself can affect on the whole analysis time when numerous samples is going to be applied. Therefore, through this experiment, the reduced eluent flow rate of 5 ml/min was enough to reduce the elution time to one third.

The experiment on sample volume allowed an accurate measurement as low as 0.04µg/ml (0.04 ppm) of nickel when a large sample volume (500 ml) is applied on the column, resulting in a possible trace enrichment of the analyte with an appropriate concentration factor of 33.3 which was compatible to the current atomic absorption spect-

rometry detection system. As the high volume of sample is applicable with an efficient recovery, it would be of favorite if high sample flow rate can be applied. In this study sample flow rate of up to 7 ml/min were applied with acceptable recovery of 96% and more (Table 2). Therefore, to be confident, the sample flow rate of 5 ml/min was selected, providing a reduced extraction time for as large as 500 ml sample volume. However, as the results shows, it would be possible to increase the sample flow rate even more as 7 ml without significant loss in the analyte recovery.

Regarding the sorbent mass, it was seen that, 100 mg sorbent was not appropriate amount as breakthrough was happened through the experiment, so, non efficient amount of 44% of the retained compound was recovered which is not acceptable in our optimized method. By using the sorbent mass as large as 500 mg, it allowed that a longer interaction to be taken place, causing retention of significant amount of nickel on the sorbent and subsequent efficient recovery of 98%. However, using large amount of sorbent mass needs a large volume of washing solvent and eluent to be applied for the efficient removal of possible interferences.

In order to show effect of possible matrix components on the optimized method, the similar ions illustrated in Table 3, having three different concentrations were added to the sample. The ions added to the samples are mostly present in the real environmental samples and can be used as closely related matrices. The results clearly showing the non-effectiveness of the all of added components for each concentration on the recoveries obtained from optimized method. As it can be seen, the recoveries are 94% or greater which is promising either no cross-reactivity is taken place between added interferences and the XAD-2 or no co-elution is happened. Finally, in order to validate the method, reproducibility of the optimized method was performed for day-to-day and within-day experiments. A linear standard curve (for extracted sample) over the range concentrations of 1, 1.5, and 2 µg/ml

was obtained every day for 6 consecutive days (n= 6) with the correlation coefficient of 0.995 or grater. In within-day experiments evaluation, six experiments were performed per day for three consecutive days. The extraction procedure was reliable and reproducible from day-to-day and within-day. Coefficient of variations (CV%) of 1.07, 1.68, and 1.56 were obtained for 1, 1.5, and 2 µg/ml respectively for day-to-day and 1.07, 0. 65, and 1.02 at the same concentrations respectively for within-day, showing suitable accuracy and precision (Table 4).

Comparatively, the method recently reported (15) has used liquid liquid extraction (LLE) for some heavy metals. Although the technique may be useful in some conditions, however, there are still no basic rules for selection of a solvent system for extraction of given analyte, therefore, selection of a solvent is still empirical and of course time consuming step as well as a tedious stage. Sometimes, emulsion formation of the sample makes the analyte extraction too hard as such solutions are extremely difficult to be broken and often cannot be isolated by either centrifugation or ultra-sonication. Other problems associated with LLE include: the use of large volumes of toxic and sometimes inflamemable solvents, contamination of extracts from solvents and glassware, low recovery due to degradation by heat, and volatilization or adsorption to glassware. Therefore, due to such problems, nowadays, there is a strong trend towards replacing LLE by SPE. Based on reported methods (20, 22-24, 26), for optimizing SPE, authors generally have used 5-6 factors to optimize the method, while, in this study, 9 parameters were screened, including significant factors of sorbent mass, eluent flow rate, sample matrix interferences, and also ligand concentrations. This allows that a robust and more reliable method is introduced. Moreover, to make an advantage from this study compare to the other studies (18-24), further experiments of reproducibility of the method were carried out on spiked urine samples to validate the possible use of the optimized SPE for measuring Ni (II) when an environmental study and biological monitoring of worker exposed to such pollutant are required. Although the concentration factor obtained from this study is high, however, the relatively low sensitivity of the AAS did not allowed the authors to get even more concentration factor.

In conclusion, for nickel (II), SPE has more advantages than LLE, so that, depending on the chemical and physical properties of the analyte, manipulating factors including sample pH, ligand concentration (APDC), loading flow rate, elution solvent, sample volume (up to 500 ml), elution volume, amount of resin (XAD-2), and sample matrix interferences can play essential roles in optimizing the method, providing reliable, easy to use, and cost effective procedure to overcome difficulties associated with other sample preparation techniques. The concentration factor was 33.3 and the resin can be used several times. The optimized method is promising to be used for pre-concentration of other metal ions when analysis of trace heavy metals in biological and environmental samples is of interests. The authors are sure that, SPE is a highly fertile area for sample preparation method and based on the needs and facilities, these method protocols can be further developed in the near future.

Acknowledgments

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