

THE PRESENT STATUS AND INTENSITY OF *ECHINOCOCCUS GRANULOSUS* INFECTION IN 391 STRAY DOGS IN RURAL AND URBAN AREAS OF THE CITY OF KERMAN, IRAN

I. Sharifi¹, PhD ; N. Zia-Ali¹, MSPH

Key words: *Echinococcus granulosus*, prevalence, stray dogs

Abstract

In the present study 6500 stray dogs were killed in 1993-4 to initiate a preliminary control program in rural and urban areas of the city of Kerman. 391 dogs including 169 (43.12%) females and 222 (56.8%) males were selected randomly, dissected and examined for *Echinococcus granulosus* macroscopically and microscopically. The overall prevalence rate was 7.4%. The younger dogs were more susceptible to infection than the older ones. The prevalence of the worms was generally higher in female dogs than males. On the other hand, the mean number of worm recovery was 20 (light infection) in female dogs while it was 98 (moderate infection) in male dogs. Due to the hostile climatic and topographical conditions, echinococcosis was relatively low in this part of the country.

Introduction

Echinococcus granulosus, still one of the most important zoonotic diseases medically and economically, is a small tapeworm, living in small intestine of dogs and related animals. Although hydatidosis caused by *Echinococcus granulosus* is more prevalent in sheep-raising areas, other herbivorous animals serve as intermediate hosts of the parasite worldwide (5). Hydatid disease is medically and economically one of the most important zoonotic diseases (1,2,17,21). The importance shows little sign of diminishing, and in fact there is evidence that the causative parasites,

E. granulosus and *E. multilocularis* are spreading and extending their ranges into areas previously considered to be free of infection (25).

On a global basis, *E. granulosus* is the most important species. Geographically, it is the most widespread, with endemic foci on every inhabited continent (21). Because of the adaptability of *E. granulosus* to wide variety of domestic food animals, there is a direct relationship between the prevalence of unilocular hydatid disease and human activity.

The prevalence of echinococcosis in dogs from different parts of Iran indicates that the infection is present nationwide (4,12,15,16,20,23). Unfortunately, there is still a high level of operation rate for hydatid cyst in human (6,11,18). Recent reports show that sheep, goats and cattle are highly infected (3,9,12,24).

The objective of this study was to investigate the prevalence and intensity of infections with *E. granulosus* in stray dogs in the city of Kerman. This work is a part of preliminary effort to initiate a control program on echinococcosis. Due to large number of dogs have been involved in this survey, which can hardly be found in other studies, this work would be of prime importance.

Materials and methods

About 6500 stray dogs were killed by shooting or baited with strychnine in rural and urban areas of the city of Kerman in 1993-4. All killed dogs were carried to the garbage disposal center, 15 km far from Kerman city. Of whom, 391 male and female dogs from different localities were selected randomly. The animals were dissected and entire length of the small intestine was tied off, placed in 10% formalin and transported to the parasitology laboratory at medical school.

After 4-6 months each intestine was incised, opened entirely and the contents were washed through a fine sieve into a suitable container. The intestinal mucosa was also scraped and washed likewise as already mentioned. After two consecutive washings each portion of contents was carefully examined under a dissecting microscope. All recovered worms were collected and preserved in 10% formalin for further identification (22). Counts of *E. granulosus* were made for each infected dog. For age-determination Fraser's

1- Microbiology and Parasitology Dept. Medical School, Kerman University of Medical Sciences and Health Services P.O. Box 444, Kerman, Iran.

dental formula was used (7). Z-test was used to determine any statistical significance between different age groups and sexes.

Results

Age and sex-distributions of 391 stray dogs who were shot during 1993-4 in the city of Kerman, are shown in Table 1. They consisted of 169 (43.2%) females and 222 (56.8%) males, including 124 (31.7%), 174 (44.5%) and 93 (23.8%) dogs with the age groups of 0-2, 3-4 and > 5 years old, respectively. The prevalence of *E. granulosus* infection in stray dogs is presented in Table 1. A total of 29 (7.4%) infected dogs were found among 391 dogs examined. The infection rate was 10.1% (17 dogs) in female, and 5.4% (12 dogs) in male dogs, but there was not a significant difference between them. The highest prevalence rate for *E. granulosus* was among 0-2 class groups in both sexes (12.7%); it was higher than 3-4 years (6.3%) or ≥ 5 years (2.2%) and this difference was statistically significant, respectively ($Z=2$, $P<0.05$; $Z=2.83$, $P<0.002$).

The intensity of infection was calculated based on number of worms in the small intestine of stray dogs (Table 2). In general, the degree of infection declined with increasing age groups. It was light in female dogs (mean of 20 worms) while it was moderate in male ones (mean of 98 worms). The range of worms recovery was 2-100 in female and 5-800 in male dogs.

Discussion

In previous works the biological parameters that determine the existence and stability of *E. granulosus* in dog-livestock life cycle have been described (23,24). Considerable international interest is now being taken in the control of echinococcosis (26).

The overall prevalence rate of 7.4% in stray dogs is an index of the extent of echinococcosis in the city of Kerman. It is the most reliable indication of the danger to the human population (14). The results is somewhat similar to the infection rate (6.8%) found in previous pilot study of 74 stray dogs (23). This figure is considered low compared with findings obtained in other parts of the country (4,12,15,16,20).

This finding also suggest that the younger dogs are more susceptible to infection with *E. granulosus* than the older ones. The sharp decline of the intensity of infections in the oldest dogs could be due to a slowly developing immunity (21). There is still potentially a high degree of risk to the local human population. Possible reasons for this level of infection include local animal husbandry practices, inadequate availability and utilization of abattoir facilities, frequent domestic slaughtering of edible animals and the feeding of raw offal to dogs.

The prevalence of echinococcosis in this part of the country was relatively low. In this place the most significant relevant factors are mainly the hostile climatic and topographical environments. Due to presence of hot and dry weather conditions, chances for long term survival of *E. granulosus* eggs will be decreased (13). It is of interest that, the infection rates were higher in females than in male dogs. The reason for such difference is not well known. The only possibility could be related to factors such as different scavenging and other feeding behaviour. Variability of *E. granulosus* infections in different sexes have already been reported (10,19). From the results reported here and with the prevalence rate of hydatidosis in previous work (24), one may conclude that there is an on-going cycle of dog-livestocks-dog.

The current strategy for control of echinococcosis as recommended by WHO (26) is mainly based on destruction or treatment of infected dogs. The incidence of *E. granulosus* infection can be reduced by appropriate control measures (8). Contact with infected dogs must be avoided, infected carcasses and offal should be burned or buried.

Acknowledgements

We would like to express our gratitude to all the field staff of the various organizations involved for their tremendous efforts, help and cooperation in the course of this investigation. This study received financial support from the Kerman University of Medical Sciences Research Center and also from the National Budget Planning Organization.

Table 1- Prevalance of *E granulosus* in 391 stray dogs by age and sex , Kerman City.

Sex age	Female			Male			Total		
	No. ex	No. inf	No. inf	No. ex	No. inf	No. inf	No. ex.	No. inf	No. inf
0-2	65	9	13.8	59	7	11.9	124	16	12.7
3-4	63	8	12.7	111	3	2.7	174	11	6.3
>5	41	0	0	52	2	3.8	93	2	2.2
Total	169	17	10.1	222	12	5.4	391	29	7.4

Table 2- The intensity of *Echinococcus granulosus* in 391 stray dogs in the city of Kerman.

Sex	Female			Male		
Age (year)	No. of worms (range)	Mean no.of wirns	intensity	no. of worms (range)	mean no. worms	intensity
0-2	2-100	18	light	15-800	189	Moderate
3-4	3-6	22	light	5-60	19	light
≥5	0	0	0	8-47	28	light
Total	2-100	20	light	5-800	98	Moderate

Light = 1-50 worms Moderate = 51-200 worms Heavy = >200 worms

References

- 1- Bell , J.C. (1988): The zoonoses , infections transmitted from animals to man. London , Edward Arnold Inc , 74-76.
- 2- Eckert , J. (1995): Medical aspects of echinococcosis. Parasitology Today, 11(8): 273-275.
- 3- Eslami , A. (1981): Cestodes and trematodes of wild sheep *orisammon orientalis* , and Gotered *Gazella subgutteosa* in Iran , Vet. Parasitol , 8: 99-101.
- 4- Eslami , A. and Mohebbali , M. (1988): Parasitism des chiens de bergers et implicatiem Sante' publique en Iran. Bull Soc path Ex , 81: 94-96.
- 5- Eslami , A. (1991): Veterinary helminthology. Vol. 2 , Cestoda , Tehran University Publications No. 2030/2 , 118-167.
- 6- Falah , M. et al (1992) : Cases of hydatid cyst during last decade in Hamadan province. Daru and Darman Journal , 102(9) : 27-31.
- 7- Fraser CM (1986): The merck veterinary manual. A handbook of diagnosis therapy and diseases provention and control for the verterinarian , 6th ed. Merck and Co Inc. Rahway , NJ , 11-103.
- 8- Gemmell M. A. et al (1987): Towards global control of cystic and alveolar hydatide disease. Parasitology Today , 3:144-1551.
- 9- Ghaiasi , R. (1992): Hydatidosis in slaughtered animals in the city of Mashhad. Thesis for Pharmacy Doctor. Mashhad University of Medical Sciences No. 351.
- 10- Gusbi , A.M. (1987): Echinococcosis in Libya , 1. Prevalence of *Echinococcus granulosus* in dogs with particular reference to the role of the dog on Libyan society. Ann Trop Med Parasitol , 81(1) : 29-34.
- 11- Haghi SZ and Fatahi SH (1990): Surgery of 600 cases of hydatid cyst in Ghaem Hospital-Mashad. The First Congress of Parasitic Dseases in Iran , Guilan University of Medical Sciences , 11-13 Dec , p. 62.
- 12- Houghoughi , N. (1971) : A study of the prevalence of *Echinococcus granulosus* in dogs and hydatid cyst in sheep , goats , cattle and man in Isfahan. Pah Med J, 2: 670-676.
- 13- Laws , G.F. (1968): Physical factors influencing survival of taeniid eggs. Exp Parasit , 22: 227-239.

- 14- Mac Pherson C.N.L. (1985): The prevalence of *Echinococcus granulosus* infections in dogs and observations on the role of the dog in the life style of the Turkana. Ann Trop Med Parasit , 79: 51-61.
- 15- Mirzayans , A. (1972): Gastrointestinal parasities of dogs in Iran. Trop Anim Hlth Prod , 4 : 58-60.
- 16- Nazzari , M.R. (1990): The study of *Taenia Echinococcus* among stray dogs in Tehran. The First Congress of Parasitic in Iran , Guilan University of Medical Sciences , 11-13 Dec , p 60.
- 17- Norjah , N. (1987) : Hydatidosis echinococcosis and its economical impacts. PhD thesis in medical parasitology and entomology. Faculty of Health , Tehran University of Medical Sciences.
- 18- Pesian , J. and Arazmi , N. (1993): Study of hydatid cyst and 7-year report in firozgar Hospital-Tehran. National Seminar on Hydatid disease , Hamadan University of Medical Sciences , 23-24 , P. 22.
- 19- Saad M.B. and Magzoub M. (1986): *Echinococcus granulosus* infection in dogs in Tambool , Sudan. J Helminthology , 60: 299-300.
- 20- Sadighian , A. (1969): Helminth parasites of stray dogs and jackals in Shahsavara area , caspian sea region. J. Parasit , 55:372-374.
- 21- Schantz , P.H. (1995): Echinococcus and hydatid disease. Thompson RCA and Lymbery AJ eds , CAB International 234-33.
- 22- Schmidt G.D. (1970): How to know the tapeworms , London , Wm C Brown Co. 266.
- 23- Sharifi , I. and Hadi-Zadeh , A.R. (1993): The prevalence of intestinal helminths in stray dogs in Kerman city. Iranian Journal of Public Health , 23 (1-4) : 13-25.
- 24- Sharifi , I. (1993): The seasonal prevalence of hydatid cyst in slaughter - house of the city of Kerman (in press).
- 25- Thompson , R.C.A. and Lymberg , A.J. (1988): Advances in parasitology ; the nature , extent and significance of variation within the *genus Echinococcus*. Baker JR and Muller R eds , Academic Press , 27: 210-248.
- 26- WHO (1981) : Guidelines for surveillance. Prevention and control of echinococcosis/hydatidosis. Geneva , VPH/81.28. WHO , 1-147.