CYTOGENETIC PRENATAL DIAGNOSIS ON 66 CHORIONIC VILLUS SAMPLES IN IRAN*

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KeyWords: Chorionic Villus Sampling (CVS); prenatal Diagnosis; Cytogenetics; Iran.

ABSTRACT

A total number of 66 chorionic villus samples were cytogenetically investigated. The samples consisted of 30 experimental CVS from spontaneously aborted material and 36 from live gestations.

80% of the samples were successfully grown. of the 30 cases 40% (12) and 33% (10) contained a normal female and a normal male karyotype, respectively, 3.3% (1) and 3.3% (1) had abnormal karyotypes (47,XX,+21; 47, XY, +18), respectively, and 16% (6) of the cultures did not grow.

of the 36 CVS, 80.5% of the trophoblasts grew. 50% and 30.5% had normal karyotypes with 46, XY and 46, XX chromosome constitutions respectively, of those with a male karyotype, one case was revealed to have two mitoses with 47+XY,+21 karyotype and was considered to be a Mosaic with a minor abnormal clone. One case

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(2.7%) was a twin; 5.5% of the samples did not grow and II.1% of the villi were inadequate.

No serious complications occurred after CVS. 12 girls and 9 biys were delivered at term and cytogenetic findings on the CVS were postnatally confirmed for normal cases and even for a Mosaic case.

INTRODUCTION

Several diagnostic tools are available to perinatologist for detecting many of the fetal disorders in utero. Among these are amniocentesis (AC) and chorionic villus sampling (CVS).

The preventive approach of CVS and the desirability of the procedure, as early as possible, at the period of the first trimester, i.e, between 8 and 12th weeks' gestation, are considered very important. It is the purpose of this article to present a first experience in Iran of CVS, cytogenetic diagnosis of the trophoblasts and its importance in genetic counselling.

The cytogenetic indications for CVS included:

- 1. The materanl age of 33 years or over.
- 2. The previous birth of a sibling with a chromosomal abnormality.
- 3. Chromosome aberration in either parent.
- 4. The mothers who were carriers of X-linked recessive disorders.

Successful CVS has been carried out by several investigators (6,7,14). The method, however was much improved by Simoni (12). By April 1983 only five centers were active in this field and by 1988 the number reached 43 including Iran (9).

MATERIALS AND METHODS

The material used in the present investigation of CVS in Itan were trophoblasts from 66 samples, thirty obtained from trophoblasts of inevitable abortions between 7 and 13 weeks' gestation and thirty six by CVS from live gestations.

The samling of villi (5-20mg) was performed trancervically under ultrasonic guidance (Hitachi EUB) transducer, using a 1/2mm plastic biopsy canula with a nailable metal trocar (portex trophocan).

The patients were placed in a lithotomic position and prepped and drapped for the procedure.

Examination of chromosomes was made in dividing cells of trophoblasts either directly or after a short-term culture, using a culture medium containing 20% new born calf serum and 1% antibiotics (7, 12). cell division was stopped by adding colchicine $(0.1\,\mu\text{g/ml})$. After treating with a bypotonic solution (0.09% Nacl), fixative (3 parts methanol: 1 part acetic acid) was added and slides were prepared. Giemsa and quinacrine banding techniques were used and mitoses were photographed with a Leitz - Microscope.

RESULTS AND DISCUSSION

The distribution of patients according to their age, gestational age, pertinent history and cytogenetic findings is given in Table 1. The majority of the cases had been referred because of the maternal age.

Tables 2 and 3 demonstrate the cytogenetic results of 30 CVS of aborted material and 36 CVS of live gestations, respectively.

80% (53/66) of the total trophoblast samples and 80% (24/30) of the aborted material were successfully grown. 40% (12/30) and 33. 6% (10/30) were revealed to have normal female and normal male karyotypes, respectively. 3.3% (1/30) and 3.3%

(1/30) had abnormal karyotypes with trisomy 21 and 18 respectively (47, XX, +21) and 47, XY, +18, and 16.6% (6/30) of the cultures did not grow.

From among 36 CVS of the live gestations, with follow-up studies, 80. 5% (29/36)were successfully grown. 50%(18/36) and 30.5%(11/36) revealed to have normal female and male karyotypes, respectively. One (2.7%) was a twin whose CVS' could only be obtained from one of the placentas and the cytogentic finding showed the presence of polyploidy in the majority of the mitoses, 5.5% (2/36) of the trophoplasts did not grow, and II.1% (4/36) of the samples were inadequate.

Cytogenetic follow-up studies were also made on the amniotic fluid of some the cases at later stage of gestation and on peripheral blood of the delivered cases. Twenty one casses progressed normally, of whom tewlve girls and nine boys were delivered at term; cytogenetic findings on CVS were also confirmed.

The evaluation of decisions concerning the continuation or termination of a pregnancy on the basis of prenatal diagnosis has been reported previously (3). The paradigm of mosaicism in CVS is very sensitive and important.

There are some report available on the diagnosis of true and pseudo-mosaicism, its problem and reliability in CVS (2,8,13). However, the mosaicism may occur in only 0.2-0.4% of pregnancies, and pseudomosaicism, due to a trisomic clone, occurs in 2% to 3% of amniotic fluid culture (1,4,10,11), amongst which mosaicism for trisomy 20 with no congenital defect is also reported (5).

The present cytogenetic findings of case No. 23 were shown to contain 46,XY katyotype, as a major clone (N=17,88%), accompanied by two trisomic mitoses, i.e., 47,XY,+,21,at 71½ weeks' gestation. The parents were counselled and recommended to have a routine follow-up stusy in order to determine the precise percentage of mosaicism. Because of the psychological problem of the parents, the pregnancy was continued without performance of any further amniocentesis and fetal blood sampling and delivery occured at term. A baby boy with mild clinical features, characteristic of Mosaic - Down's syndrome, was born and cytogenetically investigated and the true mosaicism was also postnatally confirmed (46, XY/47,XY, + 21: N=43, 86% and N=7,

14%. respectively).

However, the cytogenetic findings of the present case revealed the reliability and the susceptibility of CVS for determination of mosaicism and suggest the consideration of a follow-up study, even with the presence of only two aneuploid mitoses in CVS.

Although, the risk of spontaneous abortion after performing CVS varies in differnt centers (1-4%), it is also important to consider the maternal age which causes an increases in the abortion rate, and also other environmental factors. The spontaneous abortion in women over 35 years of age is 4.0 - 4.3% (4,15), however, among the present cases no spontaneous abortion occurred due to CVS.

50% of the spontaneous abortion are caused by chromosome aberrations of the conceptus. About 1 in 400 newborns is reported to have structural chromosome aberrations including one-quarter with unbalanced translocations (16). However, cytogenetic investigation, as early as possible, on CVS, is a workable and reliable diagnostic tool for prenatal genetic diagnosis and genetic counselling.

The preventive approach of CVS has its importance for prenatal diagnosis in Iran. The ultimate result of routine prenatal diagnosis by CVS will be "a healthy life and healthy infants".

ACKNOWLEDGEMENT

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Table I: The Distribution of the Cases

3			46,XY	39	10	36 Am.
: 3			46.XY	35	10	35 Ho.
			46,XX	41	10	34 Ra.
			46,XX	44	10	33 Sar
: =			46,XY	40	11	32 Ya.
			46,XX	39	11	31 H
pregnancy						
Continuation of			Inadequate sample	36	10	30 Jo.
nously aborted						
l fetus sponta-			Twin(polyploid)	39	9	29 A
		with Down's	lp; ken.; 2p; 2q.			
Deceased		Previous pregnancy	46,XY incl. ctb. at	35	9	28 Da.
	in family					
Girl "	I case of Down's		46,XX	28	12	27 Gh.
		uterus bleeding				
Girl-confirmed		Fibromatosis &	46,XX	38	12	26 S.
			46,XX	42	12	25 Ro
			karyotype			
			1 cell with 47,XX,+8			
Girl "			46,XX	31	11	24 khe
Girl "			karyotype			
Boy(Mosaic) "			2 cells with 42, XY, +21			
Boy "			46,XY	40	81/2	23 D.
Boy-		Placenta previa	46,XY	36	13	22 Kn.
Girl-			46,XX	40	9	21 M.Z
Girl- confirmed			46,XX	38	10	20 Go.

(Cont. Tanle 1)

Gestational Maternal Cynage (weey) age (Year) 35 9 35 10 42 10 42 11 36 11 37 12 37 13 43 11 42 14 40 9 42 9 42 10 38 11 12 38 11 12 38 11 12 38 11 12 38 11 12 38 11 12 38 11 12 38 11 13 34 9 31 M. 10 41 9 31 11 34 9 37							Ç
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c Gestational Maternal Cytogenetic Complications age (weey) age(Year) Findings	- 1			46,XX	35	9	1 Ki.
Gestational Maternal Cytogenetic Complications		abortio(S)		Findings	age(Year)		Ref.
	S	History of Previous	Complications	Cytogenetic	Maternal	Gestational	No.&

Table 2- Cytogenetic findings of 30 CVS (Spontaneous aborted materials in Iran).

No. of samples (%)	Weeks' Gestation	cytogenetic findings
12(40%)	7-13	46,XX
10(33%)	7-13	46,XY
1(3.3%)	7	47,XX,+21
1(3.3%)	8	47,XY,+18
6(16.6%)	8-12	No mitosis
Total: 30	7-13	24(80%)
		successful growth

Table 3- Cytogenetic findings of 36 CVS in Iran

No. of samples (%)	Weeks ' Gestation	cytogenetic findings
18(50%)	8-14	46,XX
11(30.5%)	8-13	46,XY(incl.a
		case with two trisomic
		cells: 47, XY,+21)
1 (2.7%)	9(Twin)	polyploid
2 (5.5%)	10 & 12	No mitosis
4 (11.1%)	10 & 12 & 13	Inadequate
		samples
Total: 36	8-14	29(80.5%)
		successful growth

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