A Faunistic Survey of Cercariae from Fresh Water Snails: *Melanopsis* spp. and their Role in Disease Transmission

*A Farahnak, R Vafaie-Darian, I Mobedi*

Dept. of Medical Parasitology and Mycology, School of Public Health & Institute of Public Health Research, Tehran University of Medical Sciences, Iran

(Received 2 Nov 2005; accepted 15 Aug 2006)

**Abstract**

Snail transmitted diseases are one of the major group of helminth parasitic diseases which have been established by trematode parasites. The larvae of trematodes (cercariae) use the snails as host. The purpose of the present study was to identify of cercariae released from *Melanopsis* spp. (*M. doriae*, *M. costata*, *M. praemorsa*, and *M. nodosa*) and evaluate their medical importance. Accordingly, 2,266 *Melanopsis* spp. (fresh water snails) were collected from various agriculture canals in the central area of Khuzestan Province in the south west of Iran. 72 (3.1%) infected *Melanopsis* spp. snails were isolated and the cercariae were obtained by emerging or crushing methods. Subsequently, measurement and drawing were made on cercariae specimens and recognized. In some cases experimental infections were established in the animals for further identification. A total of 4 cercarial families and 1 cercarial group were identified as follows: Heterophyidae: *Haplorchis pumilio*, *H. taithui*, *Stellantchasmus falcatus* and *Centrocestus formosanus*; Echinostomatidae: *Echinochasmus milvi*; Cyathocotylidae, Philophthalmidae and Monostome group cercariae (probably Notocotylidae). These results have been recorded for the first time and these cercariae are of medical and veterinary importance.

**Keywords:** Cercariae, *Melanopsis*, Iran

**Introduction**

Human schistosomiasis, fascioliasis, paragonimiasis, and clonorchiasis are very important snail transmitted diseases (1). Snails are the first intermediate host of trematode parasites. The larvae of trematodes (cercariae) after emerging from the snail tissue may find the suitable secondary intermediate host or definitive host by means of passive transmission (metacercaria) or active penetration respectively. Various studies have been done on fauna of cercariae from *Melanopsis* snails (2- 4). Following of finding human philophthalmiasis cases in Israel, *Philophthalmus* cercariae were collected from *Melanopsis praemorsa* (5, 6). *Melanopsis* spp. are fresh water snails with various species including *M. doriae*, *M. costata*, *M. praemorsa*, and *M. nodosa* in Iran (7). These snails are living, in the agriculture canals, ponds, streams, swamps and ditches. *Melanopsis* spp. snails are abundant in the highly oxygenated and marginal surface water of agriculture canals of Khuzestan Province in the south west of Iran, which has many canals and ponds using for bathing, drinking and washing by the people. These places are suitable for living of *Melanopsis* spp. snails. Due to the presence of infected *Melanopsis* and others snails, water resources could be contaminated by the emerging cercariae and consequently cercariae attack the local people directly via the skin or are transferred to them by metacercariae ingestion (8, 9). The present study was carried out as a part of research project entitled "A faunistic survey of cercariae from fresh water snails". The aim of this research, was to determine the transmitted
cercariae by *Melanopsis* snail in the central area of Khuzestan Province and evaluate of medical importance of cercariae in this region.

**Materials and Methods**

The rural area in the north of Ahwaz city including, Bamdezh and Mazreeh districts of Khuzestan Province in the south west of Iran were chosen for this study, because there are so many canals there.

**Collection of cercariae from the infected snails** *Melanopsis* spp. snails particularly *Melanopsis doriae* were collected from the agriculture canals in the mentioned districts during 2000-2002. Snail samples were collected by a 1.5 meter long wooden handle paddle with a net size of $30 \times 40$ cm and transferred to Ahwaz Health Research Center. In this respect, 2,266 *Melanopsis* were examined for cercariae. Cercariae of *Melanopsis* snails were obtained by emerging or crushing methods. In the emerging method snails put in the Petri dish containing dechlorinated tap water and were placed against artificial light for two h or over night in the room. In the crushing method, snails were broken with tweezers and the soft tissues were placed between 2 slides and squashed. Collected cercariae were observed carefully as alive and then fixed in 50% ethanol or hot 5% formaldehyde and cleared in lactophenol or stained with azocarmin. Drawings were made by aid of a leica microscope drawing attachment (Camera lucida). Identification of cercariae species were made by using the systematic keys based on recognizable morphological characteristics or morphometric measurements (10, 11).

**Collection of metacercariae and adult parasites in vivo and in vitro situations** In some cases for developing cercariae to metacercariae or metacercariae to adult form of parasite, the laboratory animals including fish or rat and chicken were used, respectively. In case of heterophyid parasites, metacercariae were isolated from subscales, fins or gills of fishes (*Gambosia affinis*) which were placed in an aquarium near the infected *Melanopsis* snail. Adult forms of heterophyid trematodes were also collected from rats and chicken after oral infection via water containing metacercariae. For this purpose, intestinal tracts of rats and chicken were removed, dissected, scrap and searched carefully for collecting of adult parasites. Cyatocotylid metacercariae were obtained by gold fish oral infection and Philophtalmid metacercariae were collected from the bottom of the Petri dish shortly after emerging of cercariae from snail.

**Results**

**Frequencies of collected cercariae from *Melanopsis* snail** From the total of 2,266 *Melanopsis* spp. (Fig. 1), 72 (3.1%) snails were infected with various larval trematodes (cercariae). Cercaria species were as follows: Heterophyid cercariae (43 cases): *Haplorchis pumilio*, *H. tathui*, *Stellantchasmus falcatus* and *Centrocestus formosanus*; Echinostomatid cercariae (2 cases): *Echinochasmus milvi*; Cyathocotylid cercariae (19 cases): Philophthalmid cercariae (5 cases) and Monostome group cercariae (probably Notocotylid trematodes) (3 cases) (Fig. 2-5). Heterophyid metacercariae and heterophyid adult parasites were obtained after one month from the infected hosts and cyatocotylid metacercariae isolated after 20 d from the infected Gold fish. Philophtalmid metacercariae were collected after 1-2 h emerging of cercariae from *Melanopsis* snails under stereoscope. Heterophyid cercariae had highest frequency, 59%, and echinostomatid cercariae had lowest frequency, 2%, among collected cercariae.

**Morphological specificity of collected cercariae** Cercariae of heterophyid trematodes belong to the parapleurolophocercous cercaria and have well developed finfold tail, vestigial ventral sucker and eyespots. In echinostomatid cercariae, the ventral sucker is in the mid-ventral surface of the body, oral sucker surrounded by a spiny collar and the cystogenous glands in the body are numerous. Cyathocotylid cercariae belong to vivax cercariae with vestigial ventral
sucker and have two pairs of longitudinal collecting ducts connected to excretory vesicle, dorso-ventral finfold on furcated tail. Philophthalmid cercariae belong to megalurous cercariae with adhesive gland cells in the tip of tail. Monostome group cercariae are without a ventral sucker and have 2-3 eye spots (10, 11).

Fig. 1: A. Melanopsis doriae snail, B. Melanopsis costata snail, C. Melanopsis praemorsa, D. Melanopsis nodosa snail from Khuzestan Province

Fig. 2: A. Heterophyidae metacercaria from infected fish, B. Heterophyidae cercaria from Melanopsis snail
Discussion
Heterophyid cercariae infect the local fish in the canals such as *Liza abu, Cyprinus carpi* and produce metacercariae in fish in the region (12). Infected fish cause heterophyiasis in the birds (13). Heterophyid trematodes as causative agent of heterophyiasis have been reported in these areas (9). Echinostomatid cercariae infect fish or snails as secondary intermediate hosts and birds or mammals including man as definitive hosts. Cyathocotyloid cercariae could infect fish as secondary host and birds or mammals as definitive hosts. Philophthalmid cercariae encyst and develop to adult in chicken or human eye (14). However, there are no reports on echinostomiasis and philophtalmiasis in the people of these districts. From the total of the cercariae species which are presented in this paper, heterophyid, echinostomatid, and philophthalmid cercariae have been reported from *Melanoides tuberculata* snail from Khuzestan province (15).

Various ecological factors, including season, water temperature, pH, oxygen and so forth are very effective on emerging of cercariae from the snails and their release inside water resources, where they could be penetrated into the secondary hosts (fish) such as heterophyid and echinostomatid cercariae or into the definitive hosts in the case of philophthalmid cercariae. For these reasons, during the hot months of May to Septem-
ber, when the local people (especially children) swim in the canals or ponds, philophthalmus cercariae will be able to encyst within the eye and could be a health problem in these areas. In addition, due to the increasing of amount cercariae shedding from snails in this period, cercariae transmission to fish is likely increased and uncooked fish may be serving as a source of heterophyiasis in humans in the region. In summary, the presence of various cercariae of Melanopsis snails in the region and their potential for establishment of zoonotic diseases such as heterophyiasis, echinostomiasis and philophthalmiasis in man and animals may be concerned by health system authorities for surveillance of these fresh water snails.

Acknowledgments
The authors wish to thank the staff of Ahwaz Health Research Center for providing specimens. Thanks are also due to Dr. A. Mansoorian, associate Professor of department of Parasitology and Mycology, School of Public Health, Tehran University of Medical Sciences for review the snail samples; and (SPH-IPHR), Tehran University of Medical Sciences for financial support.

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